

General information for patients

X-ray and non-X-ray procedures

Why am I having this procedure?

Your doctor thinks that the procedure discussed with you at the Pain Clinic may help your pain. You will have an opportunity to discuss this with him before you have this and staff will be happy to answer any questions that you may have.

What will I be able to do afterwards?

You will be able to go home after your procedure. If you have had an injection of local anaesthetic as part of the procedure, before you go we may ask you to describe your pain on a scale of 0-10.

You should not drive or drink alcohol for 24 hours following the procedure.

You should arrange to have someone collect you and stay with you overnight. You should be able to resume normal activity the day after the procedure. If there are any specific instructions you will be given information about this.

Are there any risks involved?

There is an element of risk involved in all the procedures and treatments that you may have at the pain clinic. However you should remember that these risks are usually minimal. Your doctor will discuss these fully before your procedure and will be happy to answer all your questions.

Who should I contact if I have any problems?

You can contact the Pain Clinic on between 9-2pm, Monday to Friday. Outwith these hours you should contact your own GP or NHS 24.

Before you leave we will give you a letter for your GP, which you should hand in to your surgery a couple of days after your treatment.

If you need to get medical help immediately following your procedure, please take your GP's letter with you and show it to the doctor so that they will know what treatment you have had.